



# 10KM ROAD RACE & FUN RUN

INCORPORATING WORCESTERSHIRE 10K CHAMPIONSHIP

PROCEEDS TO KEMP HOSPICE



## SUNDAY 19<sup>th</sup> SEPTEMBER 2010

STOURPORT SPORTS CLUB, KINGSWAY, STOURPORT.

START TIMES: 10.50 A.M. – Fun Run (Approx. 4K), 11.00 A.M. - 10K

Changing Facilities, Car Parking, Refreshments/Bar, Medals. Presentation approx. 12.45 p.m.

10K – Cash Prizes 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Men /Lady, Trophies to category winners

(Teams - 4/Men, 3/Women)

**£50 TO BREAK COURSE RECORD (Men 30-48 Ladies 35-46)**

Fun Run - 1<sup>st</sup> Male, 1<sup>st</sup> Female, 1<sup>st</sup> Team Prize (3 to Score)

WHY NOT ENTER A SOCIAL/FUN TEAM, CAN BE MIXED SEX TEAM IN FUN RUN

Entry Fee:- 10K: £6.00 Athletics Club, £8.00 Non Athletics Club (+ £2 on day)  
Fun Run: £4.00 Unattached (+ £1 on day)

CLOSING DATE FOR POSTAL ENTRIES: 11<sup>th</sup> SEPTEMBER 2010

Sponsored by

**Abstracts Hair Studio**

**Mike Oakes News, Food & Wine**

Return Entries to:-  Please enclose Large S.A.E. (9" x 6" Minimum)	Race Secretary 91 The Birches Hartlebury Park Stourport on Severn DY13 9NR
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Shuttle  
SURNAME ..... FIRST NAME .....

SEX M.....F..... AGE ON RACE DAY..... DATE OF BIRTH ...../...../.....

UK COMPETITION LICENCE NO .....

ATHLETIC CLUB.....

OR SOCIAL / FUN TEAM .....

POSTAL ADDRESS .....

Race Entered ✓			
10K		Fun Run	

For Office Use
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(Town) .....

(County) .....

(P/Code) ..... (Tel) .....

(E-mail Address) .....

County Champs. ✓	
Qualification: By Birth or Residency in County of Worcs (9 months or more)	

Make cheques payable to 'Kidderminster & Stourport A.C.'. Fee Enclosed £.....

I agree to abide by the current rules as defined by UK Athletics. I enter the race at my own risk and understand that the organisers are not responsible for any injury to myself or any loss or damage to my property. I declare I am medically fit to run and will be 15 years old or over on race day. (No age limit for fun run). If you do not wish your details to be passed to a third party Tick Here \_\_\_\_.

SIGNED..... DATE.....